72-Hour Survival Checklist

Shelter

Lightweight Tent	Ground Pad	Bivouac Sack	Sleeping Bag
Tarp	Blankets	Cordage	Fasteners

Clothes

Shirts	Pants	Gloves	Sunglasses
Socks and Underwear	Outer Shell	Shoes or Boots	Headgear

Hydration

Water	Hydration Bladder	Water Filter
Sterilization Chemicals	Ziploc Bags	Water Bottle

Cooking and Food

MREs	Protein / Granola Bars	Fuel
Water Bottle with Water	Cup or Mug	Small Portable Stove

Field Tools

Knife	Multi-tool	Saw	Hatchet

Lighting

Flashlight	Headlamp	Candles
Batteries	Chemlights	

Fire Kit

Bic Lighters	Ferro Rod	Tinder	Waterproof Matches

Navigation and Comms

Maps	Compass	GPS
Cell Phone	Radio / Walkie-Talkie	Charger / Batteries

Medical and Hygiene

Gauze, roll and pad	Gauze, hemostatic	Band-aids
Wound wash	OTC Meds	Prescription Meds
Latex Gloves	TQ	Toothbrush and toothpaste
Soap	TP / Baby Wipes	Foot and Body Powder
Hand Sanitizer	Feminine Hygiene Products	

Weapons

Handgun	Long gun	Ammo w/ Feeding Devices

Cash